COSTA VERDE DISTRICT, CGCI, PACIFIC REGION, NGC Volume 62, Issue No. 2

A Word from Our President Ellyn Meikle

Nov 22, 2020

PRESIDENT'S MESSAGE

This past year has been trying for all of us. We are still alive and full with anticipation for a more prosperous new year, in health and happiness for all.

Happy Chanukah, Merry Christmas, and Happy Kwanzaa.

Meikle

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iera Garden (

Riviera Garden Club

Sea Breeze

Nov/Dec 2020

October General Meeting

Topic: RGC May General Meeting Time: Oct. 27, 2020 9:30 social-Meeting-10:00 AM Pacific Time (US and Canada)

Our October general meeting was well attended with 35 Members on our zoom call.

Thank you to Jeffery Warner, Master Coordinator, University of California for his very interesting and





informative talk on Growing Fruit Trees in the South Bay.



November General Meeting Our November General Meeting was also very well attended we had 34 members on the Zoom Meeting.





Garden Projects

We have ongoing beautification projects at: El Retiro Library and Park Gloria Balcom, Jodi Rhodes and Carolyn Bazak

Los Colinas Circle: Ruth Vogel, Linda Rosenfeld and Wendy Tsuji

Rocketship Park: Toni Ziegler, Wendy Tsuji, Geeta Gupta and Connie Moseley

Staying Connected

Volunteers are calling 10 people a month. Please feel free to join in and call members.

A new way we would like to stay connected is the, "make a call, get a call" plan. This will connect members with at least two other members during this isolating time.

For this plan every member would call the woman above her in our directory and connect with a chat or a message.

Being in relationship is such an important part of why we all belong to the garden club. Let's make sure we continue that connection while we maintain social distancing.

Happy Birthday

November

Marilyn Baker	6
Meredith Grenier	8
Geneva Martin	9
Jodi Rhodes	11
Charlie Sappingtom	18
Pati Johnson	19
Ruth Vogel	20
Diane Connell	28
Jay Spradlin	28
Marilyn Rubin	30

December

Julie Blake	5
Irma Maggio	21
Claudeene Lyon	30



Upcoming Events

Please join us for Virtual Holiday Wine Tasting. Enjoy some great wine with good friends. Further information call Cynthia Lundin 310-622-3692



RIVIERA GARDEN CLUB **VIRTUAL** HOLIDAY PARTY AND WINE TASTING ON TUESDAY, DECEMBER 15, 2020 AT 4:00 P.M.

YOU ARE INVITED TO A SPECIAL WINE TASTING PRESENTED BY SOMMELLER KARL ZIEGLER OF CONCURRENT WINES OF REDONDO BEACH. FEATURED WINES ARE LA BERNARDE ROSE FROM PROVENCE, FRANCE AND BREA PINOT NOIR OF SANTA LUCIA HIGHLANDS IN CALIFORNIA.

THE WINES WILL BE DELIVERED TO YOUR DOOR PRIOR TO THE TASTING. INCLUDED WILL BE & LIST OF SUGGESTED CHEESE PAIRINGS AND & COUPON FOR & FUTURE WINE PURCHASE.

PLEASE RSVP BY DECEMBER 4 TO CYNTHIA LUNDIN AT 635 PASEO DE LA PLAYA #304, REDONDO BEACH 90277 WITH YOUR CHECK FOR \$45 MADE PAYABLE TO CONCURRENT WINES.





TREASURE HUNT and COOKIE HOLIDAY PARTY ** ON ZOOM!!DECEMBER 15TH10:00 AM

Join us for a Virtual Treasure Hunt

For more information call

Hosted by Geeta Gupta 310-544-3355

The zoom link will be sent out to members in an email.

Ellyn Meikle is putting together a cookie recipe book for us. Please send your favorite cookie recipe

to Ellyn by Thursday December 10th. The recipes will be emailed out in time for the Treasure Hunt Cookie Holiday Party





Salvation Army Holiday Angels

To help make the holiday brighter for children in need Please pick up a Salvation Army Holiday Angel card. Toni Sargent will again be heading up the effort for the club to spread holiday cheer to children in the community. Cards include child's Name, age, gender and the wish they have for Christmas.

For additional information Please contact Toni Sargent: 310-378-7856



Landscape Award Winners Congratulations to:

The home of Diane and Kit Kaiser at 500 Calle de Arboles. Kit is a builder and built this house. Diane's mother loves to garden and had a hand in planning the landscape



"Save the Monarchs"

The article submitted below by Carolyn Pohlner, was reprinted from the *Marina District Log*, a publication from the California Federation of Women's Clubs, with permission of the author, Jane Thomey Among the most beautiful pollinators gracing our gardens are Monarch

Butterflies. Sadly, their numbers are declining rapidly for familiar reasons: loss of habitat, herbicides, pesticides and climate change.

The Monarchs are experiencing a unique threat, however: the destruction of the milkweed plant. As part of their breeding pattern the Monarchs migrate annually, in the West their route takes them from Canada to Mexico and back again. On their way north they stop in several locations with abundant milkweed plants that allow the females to lay eggs.

As the eggs develop into larvae their main job is to grow. They do this by gorging on a diet restricted exclusively to vast quantities of milkweed. Certain agricultural practices have destroyed much of this food source from the migratory path and is a major element in the butterflies' decline.



How can we save the Monarch? It is as simple as creating a garden that is friendly to the Monarch and, incidentally, to honeybees as well. Local nurseries carry milkweed, or you can grow it from seed. One organization, Save Our Monarch, (P.O. Box 390135, Minneapolis, MN 55439) will send you a packet of seeds for your garden for a \$5 donation.

The same organization invites schools to participate in the Pollinator Garden Program. Once enrolled, each group will receive a Garden Mix Pouch to plant a Butterfly and Bee Garden. (Perhaps, we should let Tim Mangus at Victor School know about this program.)

Many large groups have taken up the Monarch's cause. One of them, the Environmental Defense Fund, invites you to Adopt a Monarch Acre. For \$35 each you will contribute to restoration of vast tracts of milkweed habitat along the migratory path. Contact them at <u>www.edf.org</u> for more information.

Jane Thomey, CFWC Environment Chair November 2020

https://southcoastbotanicgarden.org/glow/?utm_source=SEM&utm_medium=Search&utm_campaign =SEM%20ads



Mistletoe Report

By Judy Urine

Phoradendron leucarpum is a species of mistletoe in the Viscaceae family which is native to the United States and Mexico Its common names include American mistletoe, eastern mistletoe, hairy mistletoe and oak mistletoe. It is native to Mexico and the south eastern half of the continental US. It is hemi parasitic living in the branches of trees. The berries are white and it has opposite leaves that are leathery and thick. Ingesting the berries can cause "stomach and intestinal irritation with diarrhea, lowered blood pressure, and slow pulse". This shrub can grow to 3.3 ft by 3.3 ft. Phoradendron *leucarpum* is used in North America as a surrogate for the similar European mistletoe Viscum album, in Christmas decorations, as well as in rituals by modern druids. It is commercially harvested and sold for those purposes.



The sticky substance covering the fruits is toxic to

humans, it is a favorite of some birds. Some say that the word "Mistletoe" comes from the missel thrush, a messenger of the gods who brought the plant to the earth. Actually, the bird is very fond of the berries and is responsible for the wide distribution of Mistletoe. Growing as it does, on trees as a semi-parasite, it is at once showy because of its huge masses of dense light green growth.

Mistletoe legends reach back to Norse mythology and Virgil's Aeneid. Mistletoe was the druids' golden herb. Robed in white, they cut it with a golden sickle and caught it in a white cloth before it touched the ground. It symbolized purity and strength, and was hung in houses to bring happiness, promote romance, and enforce peace. If enemies met beneath the mistletoe, they disarmed and kept a truce that day. Because of the plant's pagan associations, the Church banned it from Christmas ceremonies, but its magic was thought to be so strong that people used it secretly, and even monks wore it as a hidden amulet. It was believed to exorcise witches and demons and to protect its wearer from fits, lung fever, tremors, and poison. European mistletoe grows on oaks. American mistletoe, of the same family but a different species, grows on maples and black gum trees.

In the language of flowers, Mistletoe means "give me a kiss." This has its basis in a Scandinavian myth. Frigga, being the goddess of love and beauty, grateful for the return of her son, is said to bestow a kiss upon anyone who shall pass under the Mistletoe.



RIVIERA GARDEN CLUB General Meeting Minutes Sept 22, 2020

Call to order:	10:03 am by Elly	n Meikle, President
Attendance:	37 Members in atte	endance via Zoom
1. Secretary's Report -	• May 2020's Gen	eral Meeting's minutes were approved in June at the Mad
	Hatter gathering.	Carolyn Pohlner
2. Treasurer's Report –	Report will • Proposed Budge	ng & savings accounts <u>\$10, 221.23</u> <u>\$15,690.23</u> 1 be filed subject to review. et - \$5,000 from dues and cancelled events <u>GM</u> <u>CL</u> s 2019-2020 fiscal year end report Dave thanked Ellyn for the s of her work
 President's Report - 4. 1st VP 	·	ing new was happening and she thanked her very ompetent Board and Committee Chairs.
Hostesses	Geeta Gupta repo	orted that in addition to herself, Carolyn Pohlner and
	Cynthia Lundin	were today's hostesses.
	• EM has institut	ed a new policy for both Board and General Meetings:
	Hostess(es) will go	o online 9:45 to greet before the 10:00 start. There will be
	different hostesse	es assigned to each meeting.
Speakers	• Report on speake	ers for 2020: Ellyn thanked Laurie Vaillant for doing such a
	good job getting	speakers for next three months
	Sept 22	Kelp Forests in Palos Verdes
		Michael Friedman, Pt Vicente Interpretive Center
	Oct 27	Growing Fruit Trees in South Bay
		Jeffrey Warner, University of California
	Nov 17	Early History of Vanderlip Family In PV Peninsula

	D	on Christy, Family Member
	Dec 15 Ze	oom Holiday
Party		
Excursions	• None this year	
	Marie Hoffman – No re	eport.
5. 2 nd VP		
Directory upda	ate Ellyn thanked Geneva fo	or the excellent job in producing our annual directory.
Newsletter up		his year will be out soon. If there are any changes that we
	missed in the Directory,	they will be noted in the upcoming newsletter. Please let
	us know your updates fo	r newsletter publication.
6. 3 rd VP		
Membership update	* We have 62 members	hip renewals.
	Regina Taylor – No r	eport.
New Business:	* Zoom requires all who log in t	to our meetings be directed first into a waiting room
new Dusiness.		" your host will be with you shortly." The meeting
		hem in, as per Zoom's requirements for safety. If you
		og into a future meeting to hear the speaker, please
	C	let them in from the 'waiting room' to our Zoom
	meeting.	u u u u u u u u u u u u u u u u u u u
Looking ahead:	EM encouraged members to u	se paper stationery to reach out to Club members,
Looning unoud.		I receiving a note in the U.S. mail can be , particularly

Please continue to reach out to members regardless of their physical condition. I have sent note cards with a few sentences asking how they are, letting them know I am lonely, bored, sad, too. They will know they are not alone. End with a cheery sentence that may

for our older members.

include, "talk to you soon" or "I hope to see you soon." Little flower or cute stickers add a bit of cheer, too. **C7**

Our next General Meeting is October 27, with a speaker from the University of California who will talk about "Growing Fruit Trees in the South Bay".

Adjournment:EM adjourned the business portion of the meeting at 10:16 am.
At which time, today's speaker, Michael Friedman, was introduced and gave an
interesting talk about "Giant Kelp Forests in Palos Verdes".
The General Meeting officially ended at 11:04 am.Notes:Sheila Kutkus invited all RGC members to a Zoom talk sponsored by The South

Bay League of Women Voters about the "Pros and Cons of the Propositions on the November Ballot" on October 14, 2020 at 1:00 pm.

Respectfully Submitted, Carolyn Pohlner, Co-Secretary Oct 3, 2020

RIVIERA GARDEN CLUB General Meeting Minutes Nov 17, 2020

Call to order:	10:00 am by Ellyn Meikle, President, who reminded members to read the Zoom Guidelines and follow the protocol	
Attendance:	_30+Members in attendance via Zoom	
1. Secretary's Report:	• October 27 General Meeting's minutes were approved by general	
	consensus <u>Carolyn Pohlner</u>	
2. Treasurer's Report:	Balances checking & savings accounts <u>\$10,009.41</u> <u>\$15,690.69</u>	
	(October 3, 2020 Report to be filed subject to review)	
3. President's Report:	Venmo usage - EM asked how many members currently use Venmo, 3 responded "Yes". After explaining what Venmo is, Ellyn then assigned all members to check out Venmo online in order to be better prepared to discuss its merits at the January 2021 General Meeting	
	Zoom Holiday Parties on Dec 15 – 10:00 am: For all This is NOT a business meeting, but a party where members can socialize.	
	Virtual Treasure Hunt hosted by Geeta – the winner's name will be posted in the minutes! No prizes will be awarded.	
	Virtual Cookie Recipes Book produced by Ellyn – Multiple cookie recipes allowed; submit all recipes by email to <u>ellynmeikle@gmail.com</u>	
	4pm : RSVP required (see flyer from Toni Z.)	
	Virtual Wine Tasting presented by Karl Ziegler of Concurrent Wines _ Make your \$45 check payable to "Concurrent Wines" and mail it to Cynthia Lundin's home address, which she listed in the "Chat" box: 635 Paseo de la Playa, Unit 304, Redondo Beach, CA 90277	

Hostesses	Hostess(es) will continue to go online at 9:45 to greet before the 10:00 start.
Speakers	Speakers for Nov 17 (today)
	Nov 17 Early History of Vanderlip Family In PV Peninsula
	Don Christy cancelled due to death in the family
	Choice Herbs 4 Health with Linda Meighan – Due to unknown
	circumstances the speaker did not show up and the meeting was
	adjourned.

5. 2nd VP

Directory	No additions/ deletions.
Newsletter	Recently distributed and, as always, awesome job by Cynthia!

6. 3rd VP

Membership update No new or returning members.

Regina Taylor – No new members.

New Business:	Gifting – Gloria Balcom and Geneva Martin
	Gloria remarked that there IS money in our bank accounts and we do have
	the funds to support the following 4 programs:
	1) \$2,000 to South Coast Botanic Gardens- these funds are unrestricted
	2) \$400 to Victor Elementary school for their Gardening Club (requested by
	Mr. Tim Magus, one of the 3 teachers who run and operate the school's
	Gardening and Ecology club-
	3) \$500 to Valmonte Farms and Gardens, which has just recently gone
	independent.
	4) \$300 to Judi Gerber for greenhouses to grow seeds and new plants for
	TMMC'S gardens. The hospital uses all the herbs they grow for patient
	meals.

The Gifting Committee made the motion to donate a total of \$3,200 for the above-listed programs. The membership approved. The Gifting Committee will address the Scholarship donation at the January General Meeting.

Toni S. - Salvation Army Angels Cards

Toni Sargent told the members of an opportunity to support the Salvation Army's Holiday gifts for children program. She has a collection of "Angels Cards" for members to choose from and purchase a toy(s) within a \$25 price range and deliver it, <u>unwrapped</u>, to Toni's house. Call Toni for a specific child's name and 'wish list'. Members may also write a check, payable to "Salvation Army Torrance Corps" and mail it to Toni. The deadline for this program is Thursday, Dec 10th.

Mary and Joseph event has been postponed to June 1 for the Madhatter luncheon.

A fundraiser eatery is still being reviewed by the Fundraising Committee. Linda Rosenfeld has a call into Gaetano's, but hasn't heard back from Vince yet. Ellyn mentioned that she has a list of 20 different eateries that offer outside dining, pick-up, or delivery. Feel free to email her for a copy of this list.

We are looking for long-standing member(s) to put together a <u>brief</u> history of the garden club for present and future members. Mary Varieur and Judy Unrine volunteered to help with this project. Dina Wiley commented that she believed one had already been compiled in 2012.

Gloria Balcom worked on that committee and she has the original books that she will give to Ellyn.

Looking ahead:

EM encouraged members to please continue to reach out to other members. She continues to send 2 small 'hello' cards now and again, and recently received her first, hopefully not last, card. Keep it going!

EM announced the next Board Meeting is Dec 8 to review thoughts for 2021 – speakers for sure. She hopes a new administration will encourage the science to find a cure for COVID-19, so we can meet in person again.

Questions Comments Suggestions

Flower Duets – Carolyn Pohlner

Carolyn shared some information about the 2 sisters/ florists company and some of their online activities:

Flower Duet 2675 Skypark Dr, Suite 205 Torrance, CA 90505 310-739-7644 (Casey's cell) www.flowerduet.com Kit Wertz & Casey Schwartz Sister Owners/Designers

Online Designer classes offered- one-time only \$85.00 or 3 or more monthly subscriptions for \$75 each. These classes include video conferencing, bucket pick up and Zoom reunion to show off individual arrangements. For each online class, you'll receive '

- 1) A downloadable PDF list of supplies, including the flower recipe
- 2) Easy to follow mini video lessons
- 3) Tips 7 florist secrets to help you become a successful arranger

Aug – Happy Dahlias Sept – Antiqued Flowers (Hydrangeas & Garden Roses) Oct – Pumpkin Crafts w/ succulents Nov 21 – Fall Flowers Dec 12 – Holiday Floral Wreaths

> Bernice Slocovich announced that The Women's Club of Redondo Beach was having a fundraiser at Mod Pizza in the PV Peninsula Shopping Center and will send their flyer to EM who will send it out to our membership.

Our next General Meeting will be Zoomed on Jan 26.

Adjournment: EM adjourned the meeting at 11:00 am

Notes:

Respectfully Submitted, Carolyn Pohlner, Co-Secretary Nov 19, 2020